

# **TOP 5 THINGS** **YOU CAN DO TO TAKE** **A BITE OUT OF** **GLOBAL WARMING**

- 1. Eat Organic**
- 2. Reduce Meat & Dairy Consumption**
- 3. Avoid Processed Foods**
- 4. Buy Locally Grown Foods**
- 5. Say No to Packaging**

**Cool Foods**  
C A M P A I G N

